



Unit 1 Reading Worksheet 2

Name _____

1 Read the text quickly and tick (✓) the statement that is true.

1. The United Nations created *Movember* to help men.
2. *Movember* is an original way to help men be healthier.
3. *Movember* is a company that makes healthy products for men.

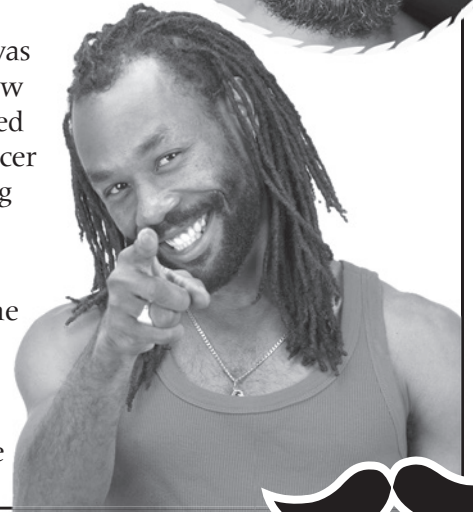
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Movember: Moustaches for Health

¹ The United Nations has got a list of international dates to mark events or raise awareness about certain issues. The movement known as *Movember* takes not a day, but a whole month (November) to **raise awareness** about men's health issues. The word *Movember* comes from combining the short word for mustache *Mo* (in Australian English) and *November*.

² In 2003, two men in Australia got inspired by a friend's mother who was **fundraising** for breast cancer. They decided to let their mustaches grow for a month to raise awareness about breast cancer in men. They invited other male friends to join them. Each participant donated \$10 to a cancer foundation. The event was so successful that other people started doing it. In a few years, the movement **spread** to more than 20 countries. There were more than 4 million participants in 2013.

³ In *Movember*, or 'No-shave November,' men **shave** their faces on the first day of the month and then let their moustaches grow for 30 days. The money they save on shaving cream and **razors** goes to institutions that research male health issues. The goal is not only to help fund the extremely expensive research, but also to increase knowledge about various health issues.



2 Read and write the number(s) of the paragraph(s) with the information.

1. Who started the movement? 2
2. Where did it start? _____
3. How big did it become? _____
4. What is the main purpose of *Movember*? _____
5. Where does the word *Movember* come from? _____
6. How do men celebrate *Movember*? _____



Stop and Think! Is there a similar movement in your country? Do you think it has got an impact?

Guess What!

In 2012, the UN declared that on the 25th of every month people should wear something orange as part of a movement to stop violence against women. This is called Orange Day.

Glossary

raise awareness:
to help people notice something

fundraising:
activity done to collect money

spread: to have an effect on a larger area

shave: to cut all hair off of the skin so that it is smooth

razor: a sharp instrument for shaving