



Unit 6 Reading Worksheet 1

Name _____

1 Look, read and complete the sentence.

A _____ is happy in the morning.

Morning Routines



This is Andre. He's a morning person. His favourite time of day is 6 a.m. He is always happy in the morning. Every day he wakes up early, exercises and has a shower. Then he has breakfast with his family and goes to work.



Nina is Andre's sister. She is not a morning person. She hasn't got a morning routine, and she always wakes up late. Sometimes she doesn't eat breakfast. The morning is not her favourite part of the day.

2 Read and circle the correct options.

- Andre is a morning / night person.
- Andre is Nina's **brother** / sister.
- Nina **is** / isn't a morning person.
- Andre has breakfast with his **family** / friends.
- Andre always wakes up **early** / late.
- Nina** / Andre doesn't always have breakfast.

3 Read and classify.

always wakes up early always wakes up late
doesn't always eat breakfast has got a morning routine

| Andre | Nina |
|-----------------------|------|
| always wakes up early | |
| | |
| | |



4 Stop and Think! Are you a morning person?

Glossary.....
late: after the right time